

HFT Family Carer Support Service

HOLIDAY INFORMATION

Under Disability Discrimination legislation no-one should be excluded from a holiday opportunity simply because of a disability. So, as well as using this guide to holidays provided for people with learning disabilities, we hope readers will also explore the usual sources of holiday information



This guide has been arranged under Seven Headings:

PLEASE NOTE, WE USE EACH ORGANISATION'S OWN WORDS TO SUMMARISE ITS ACTIVITIES

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The information provided has been collated from a variety of sources and was correct at the time of writing January 2006. Please check details for yourself with the service providers listed to ensure that you have up-to-date facts.




1. BEFORE YOU BOOK





Travel Trade Associations explained

ABTA (Association of British Travel Agents Ltd)

 68 – 71 Newman Street, London W1T 3AH

 0901 201 5050 (calls are charged at 50p per minute - **UK callers only**) The Information Line can offer help with most travel-related issues

 020 7307 1907 To check if a company is an ABTA member or for information about ABTA companies and their products

 www.abta.com  abta@abta.co.uk

ABTA deals with around 60,000 enquiries per year on all travel-related subjects, from Foreign Office advice to requests for information about destinations and hotels. Call the dedicated Travel Information Line for help. You can also check whether a company is a member of ABTA and get details of the holidays and destinations offered by ABTA companies by calling the ABTA Information Bureau.

The ABTA Information Pack will consist of the following information below:

A4 Handouts


- ABTA-You know the name
- Historical Background
- ABTA Trends 2005
- Travel Statistics-1994-2004
- Top 25 Travel Agents Lists
- Top 25 Tour Operators Lists
- Travel Associations
- ABTA Database Charges
- Complaints Procedure
- Complaint Form-A-Pre-departure
- Complaint Form-B-Post-departure


Leaflets

- Stay Healthy on Holiday
- Travellers Code
- ABTA Agents at your service
- Building Confidence in Travel (First 15 free-then 8 pence per booklet) Important Information to make sure your money in ABTA protected.

AIR TRANSPORT USERS COUNCIL

 CAA House, 45-49 Kingsway, London WC2B 6TE

 020 7240 6061

 020 7240 7071


 www.auc.org.uk


The Air Transport Users Council (AUC) is the UK's consumer council for air travellers. It receives its funding from the Civil Aviation Authority (CAA), as an Auxiliary Group within the Civil Aviation Authority (CAA) corporate structure.

Their advice line is open Monday - Thursday 9:30 - 2:30pm.

AITO (Association of Independent Tour Operators)

 133 A St. Margaret's Road, Twickenham, Middlesex TW1 1RG

 020 8744 9280


 020 8744 3187


 www.aito.co.uk


 info@aito.co.uk

AITO, the Association of Independent Tour Operators, is an organisation representing around 160 of Britain's best specialist tour operators.

ATOL (Air Travel Organisers Licence)

 Consumer Protection Group, Civil Aviation Authority, K3 CAA House, 45 - 57 Kingsway, London WC2B 6TE

 020 7453 6424 Consumer Helpline

 020 7453 6431

 www.atol.org.uk

 advice@cpg.org.uk

ATOL protects you from losing your money or being stranded abroad. It does this by carrying out financial checks on the firms it licenses and requiring a guarantee, called a bond, to be lodged with them. If a firm goes out of business, the CAA will make a refund to you, or if you're abroad, will arrange for you to finish your holiday and fly home.


All air travel firms must by law either give you a valid airline ticket as soon as you pay, or protect your booking by ATOL.

If you don't get a ticket straight away – or within 24 hours of giving your money if you book by telephone or post – you're entitled by law to get a document confirming ATOL protection. The ATOL receipt or ATOL confirmation invoice, which you should get as soon as you book, confirms that your money is protected by ATOL.

Remember that ATOL is the only protection scheme for flights and air holidays sold by tour operators in the UK. Some trade bodies – like ABTA – have their own financial protection systems, but these concentrate on non-air holidays such as coach and ferry packages and on protection against travel agent failure. If you are booking a flight or an air holiday from a tour operator, you must be covered by ATOL to ensure protection.

ATOL won't protect you if you book direct with an airline, or if you get an air ticket from an IATA (Internal Air Transport Association) travel agency as soon as you pay. In this event, your contract will be with the airline, which should honour your ticket even if the agent goes out of business. And ATOL may not protect you if you aren't in the UK when you make your booking. You can contact the Consumer Advice Helpline for further information.

EHIC European Health Insurance Card

 EHIC Applications, PO Box 1115, Newcastle upon Tyne NE99 1SW

 0845 606 2030 EHIC Applications Line

 0845 605 0707 EHIC Enquiries Line

 www.dh.gov.uk/travellers or www.ehic.org.uk

Important information for people using E111 forms


On 31 December 2005, your E111 will cease to be valid. From 1 January 2006, you will need a European Health Insurance Card (EHIC) to receive healthcare that becomes necessary during your visit to an EEA country or Switzerland.


If you ticked the relevant box on the E111 application form asking to receive an EHIC automatically, it should have been delivered to you before your E111 expired on 31 December 2005. If you have not received your EHIC, ring the EHIC Enquiries Line on 0845 605 0707.


If you did not tick the box, or you wish to apply for an EHIC:


- online www.ehic.org.uk. Your card will be delivered within 7 days.
- by calling the EHIC Applications Line on 0845 606 2030. Your card will be delivered within 10 days.
- At the Post Office™: Pick up an application form at any Post Office branches. Once you've filled in the form you post it off yourself or use the EHIC Check & Send service. The Post Office will check the application form and post it off for you. This service offers the convenience, ease and reassurance that the form is completed correctly. Your card will then be posted to your home address within 21 days. The EHIC Check & Send service costs £2 per application form.

FOREIGN & COMMONWEALTH OFFICE - TRAVEL ADVICE

 Travel Advice Unit, Consular Directorate, Foreign & Commonwealth Office, Old Admiralty Building, London SW1A 2PA

 0845 850 2829 (please do not use this number for visa-related enquiries)

 www.fco.gov.uk/travel or www.fco.gov.uk/countryadvice (For up-to-date information on problems affecting your safety in around 200 countries)

 consular.fco@gtnet.gov.uk (for Travel Advice enquiries only)

KNOW BEFORE YOU GO CAMPAIGN

Launched in 2001, 'Know Before You Go' is an ongoing consular awareness campaign run by the Foreign & Commonwealth Office (FCO). It encourages British nationals to be better prepared for their overseas trips with a view to avoiding common travelling traumas, risks and dangers. This campaign compliments the FCO's highly regarded Travel Advice service.

In particular, it encourages people to take out adequate insurance prior to overseas travel as well as providing practical advice ranging from familiarising themselves with the customs and culture of destinations, through to accessing advice on health and passport issues.

UK PASSPORT AGENCY



0870 521 0410 Passport Advice Line (open 24 hours a day, seven days a week. Calls are charged at National Rate)



0901 4700 110 Application Form Request Line (open 24 hours a day, seven days a week. Calls to these numbers cost 60p a minute . Total cost should not be more than 90p)



www.passport.gov.uk



Info@passport.gov.uk

Leaflets available

- A guide for customers with special needs
- Biometric passports
- Passports for newly weds
- UKPS Services & Standards
- What to do if your passport is lost or stolen

All these leaflets available in Welsh, audio tape, in Braille and large print format.

Please use the main UK Passport Agency number (0870 521 0410) to get hold of the individual offices

Belfast Passport Office,
Hampton House, 47 - 53 High Street, Belfast, BT1 2QS
Monday to Friday 8.30am - 5.00pm; & Saturday 9.00am - 3.00pm (appointments only)

Durham Passport Office,
Millburngate House, Durham, DH97 1PA
Monday to Friday 8.30am - 5.00pm; & Saturday 9.00am - 3.00pm (appointments only)

Glasgow Passport Office,
3 Northgate, 96 Milton Street, Cowcaddens, Glasgow, G4 0BT
Monday to Friday 8.15am - 5.00pm; & Saturday 9.00am - 3.00pm (appointments only)

Liverpool Passport Office,
101 Old Hall Street, Liverpool, L3 9BD
Monday to Friday 8.00am - 6.00pm; & Saturday 9.00am - 3.00pm (appointments only)


London Passport Office,
Globe House, 89 Eccleston Square, London, SW1V 1PN
Monday to Friday 7.45am - 7.00pm; & Saturday 9.15am - 3.15pm (appointments only)


Newport Passport Office,
Olympia House, Upper Dock Street, Newport, Gwent, NP20 1XA
Monday to Friday 8.00am - 5.00pm; & Saturday 9.00am - 3.00pm (appointments only)


Peterborough Passport Office,
Aragon Court, Northminster Road, Peterborough, Cambridgeshire, PE1 1QG
Monday to Friday 8.00am - 5.00pm; & Saturday 9.00am - 3.00pm (appointments only)

2. GENERAL GUIDES AND SERVICES




 = Post

 = Phone


 = Fax


 = Website

 = E-mail

CARERS UK

 20/25 Glasshouse Yard, London EC1A 4JS

 020 7490 8818

 020 7490 8824

 www.carersuk.org



 info@carersuk.org

Publishes a free booklet, "Taking a Break", enclose SAE. Aimed at carers, it gives basic advice on finding the money, holidaying on your own and holidaying together.

Carers line 0800 8087777 provides information and advice to carers and the people they care for on rights, benefit entitlement and other support. Advisers are available Wednesday and Thursdays 10am - 12 noon and 2 - 4pm.

CONTACT-A-FAMILY

 209-211 City Road, London EC1V 4JT

 0808 808 3555 Helpline (M-F 10am –4pm)  020 7608 8701

 www.cafamily.org.uk

 info@cafamily.org.uk

Contact a Family is a national organisation providing information, advice and support to families with children with disabilities and specific health conditions. They also provide information to professionals working with families. In addition they publish the Contact a Family Directory - Specific Conditions, Rare Disorders and national support groups as well as a range of factsheets including 'Benefits, Tax Credits and other financial help and 'Holidays, play and leisure'.

DIAL UK

 St. Catherine's, Tickhill Road, Doncaster, South Yorkshire DN4 8QN

 01302 310 123


 01302 310 404


 www.dialuk.info


 enquiries@dialuk.org.uk

DIAL UK is a national organisation for the DIAL network – 160 disability advice centres run by and for disabled people. DIAL give free, independent advice on all aspects of disability over the telephone and in drop-in centres; many can arrange to visit less mobile clients in their own homes. As the national organisation for the network, DIAL UK promotes the interest and usage of disability advice centres controlled by disabled people and provides information and support services to DIAL and to other disability information providers.

ENABLE SCOTLAND

 6th Floor, Buchanan Street, Glasgow G1 3HL

 0141 226 4541

 0141 204 4398


 www.enable.org.uk


 info@enable.org.uk

ENABLE publishes an annual holiday list with details of suitable accommodation for people with disabilities. These are mainly based in Scotland. Also provides information on all aspects of Learning Disability in Scotland.

FAIR HOLIDAY HELP FOR PEOPLE WITH LEARNING DISABILITIES

 25/27, West Nicolson Street, Edinburgh EH10 6JL

 0131 662 1962

 0131 622 9486


 www.fairavdice.org.uk


 fair@fairadvice.org.uk

FAIR, an advice and information service for people with Learning disabilities, produces a Holiday Directory every year. It includes ideas for activity, canal, children and family holidays as well as listing specialist holiday services and information on funding and insurance. There are over 150 contacts including a number of web addresses. It costs £5 and is republished in November every year. For information either ring 0131 6621962 or look at their website.

RADAR - ROYAL ASSOCIATION FOR DISABILITY AND REHABILITATION

 12 City Forum, 250 City Road, London EC1V 8AF

 020 7250 3222

 020 7250 0212


 www.RADAR.org.uk

 RADAR@RADAR.org.uk


Radar publishes 'Holidays in Britain and Ireland: a guide for disabled people'. Annually updated, it contains information on the accessibility and services at around 1500 places to stay of all kinds, and also contact details of many organisations providing information and services for disabled holiday makers. The accommodation entries are on www.radarsearch.org.

TOURISM FOR ALL

 c/o Vitalise, Shap Road Industrial Estate, Kendal, Cumbria L9 6NZ

 0845 124 9971 Information

 0845 124 9973 (Reservations Lines open daily from 9am—5pm)

 0845 124 9972

 www.tourismforall.org.uk  info@tourismforall.org.uk

Tourism for All UK (now incorporating Holiday Care) is a national registered charity which provides information to people with disability and older people in relation to accessible accommodation and other tourism services. They hold over 50 different information guides for people with special needs wanting to travel within the UK and abroad.

Tourism for All UK also provides expertise and support to the tourism and hospitality sector to provide accessible services for all.

TRIPSCOPE

 The Vassal Centre, Gill Avenue, Bristol BS16 2QQ

 08457 585 641  0117 939 7736

 www.tripscope.org.uk  enquires@tripscope.org.uk

Tripscope is a telephone helpline providing information and advice on all aspects of travel and transport for disabled and older people.

3. PLACES TO STAY FOR HOLIDAYS AND SHORT TERM SUPPORT



★ *Indicates that support can be provided for those who attend unaccompanied.*

∞ *Indicates that some support staff help may be needed, please check.*

◎ *Indicates people with support needs must be accompanied.*

Please check the Services and Holidays offered for yourself

ACTIVENTURE ★

 Hindleap Warren, Wych Cross, Forest Row, East Sussex RH18 5JS


 01342 828 215  01342 822 913



 www.hindleap.com  di@hindleap.com

Activenture Holidays provide the type of experience that will give young people with disabilities and/or special needs a unique opportunity to participate in a wide variety of indoor and outdoor activities. Hindleap Warren is a purpose built residential centre in 300 acres of private woodland in Ashdown Forest and can accommodate 90 people. Activities include abseiling, archery, canoeing, climbing, swimming, an obstacle course, orienteering and various arts and crafts sessions. Contact Di Churchill on 01342 828215 for further information.

ATS TRAVEL ∞ ◎

 ATS House, 1 Tank Lane, Purfleet, Essex RM19 1TA

 01708 863 198

 www.assistedholidays.com  aatstravel@aol.com

Assisted Travel Services Ltd (ATS) provide travel services to the less able and their families and friends. Travel destinations include UK, Europe and worldwide, all tailor made holidays. Support can be provided if required at an additional cost

BAREND HOLIDAY VILLAGE ◎

 Sandyhills, by Dalbeattie, Dumfries & Galloway DG5 4NU

 01387 780 663  01387 780 283


 www.barendholidayvillage.co.uk  info@barendholidayvillage.co.uk


Well-equipped self-catering log chalets for families, including TV, video and DVD, in centrally heated chalets. Peaceful setting, with plenty to do in and around Dumfries and Galloway, including golf, sailing, cycling, walking and fishing.

On site there is a heated indoor swimming pool, sauna, bar, restaurant, play area and boules courts. The Barend Riding School is just across the road where there is a loch for fishing (600 yards from the beach at Sandyhills).


BEAMSLEY PROJECT ©

 Harrogate Road, Beamsley, Skipton, North Yorkshire BD23 6JA

 01756 710 255

 01756 710 255


 www.beamsleyproject.org.uk


 beamsley.project@virgin.net

The Beamsley Project is an independent charity providing self-catering holiday accommodation for people with disabilities, their families and carers. The centre can sleep groups up to 24 and the cottage sleeps 6. There is full accessibility and 4 star tourist grading.

BENDRIGG TRUST ©

 Bendrigg Lodge, Old Hutton, Kendal, Cumbria LA8 0NR

 01539 723 766

 01539 722 446

 www.bendrigg.org.uk

 office@bendrigg.org.uk

The Bendrigg Trust is a residential activity centre located between the Lake District and Yorkshire Dales. It is one of the few centres in the UK running holidays and courses specifically for people with special needs. Set in 15 acres of grounds, Bendrigg Lodge has recently been extensively refurbished to extend the facilities available for people with more severe disabilities.

Groups and individuals go to the Centre for a week or weekend, from schools and colleges for children with special needs, homes, hostels, clubs, hospitals, community groups and disability organisations. People of all ages and abilities can take part in activities they have never contemplated before. Programmes are 'tailor-made' for each group and a wide variety of activities can be incorporated. These may include: climbing, abseiling, canoeing, caving, sailing and orienteering.

Bendrigg Trust is registered by the Adventure Activities Licensing Authority.

BREAK ★

 Davison House, 1 Montague Road, Sheringham, Norfolk NR26 8WN

 01263 822 161

 01263 822 181

 www.break-charity.org

 office@break-charity.org.uk

BREAK provides holidays and respite care for children, adults and their families with special needs.

BREAK's two holiday centres on the North Norfolk coast which provide year round holidays for up to 9 guests a week. Both centres are fully accessible, equipped with heated swimming pool and adapted transport, as well as catering for special diets. Highly trained and experienced staff provide 24 hour care. There is a varied holiday programme for guests with regular activities and outings to local attractions, so that while guests enjoy a seaside holiday, those who regularly care for them can have a much-needed break.

BREAK also has self-catering holiday chalets which provide a low cost holiday for families in Devon.

CALVERT TRUST - Exmoor

 Wistlandpool, Kentisbury, Barnstable, North Devon EX31 4SJ

 01598 763 221  01598 763 063


 www.calvert-trust.org.uk  exmoor@calvert-trust.org.uk

Calvert Trust Exmoor offers adventurous holidays to people with disabilities, their families and friends.

You can stay on a fully catered or self catering basis. Activities on offer include kayaking, swimming (indoor complex with Jacuzzi and steam room) canoeing, sailing, climbing, abseiling, riding (indoor riding school), archery, walking and orienteering. They offer exciting holidays for all age groups based at a comfortable accessible centre with a large social area, Licensed bar, TV room, Swimming Pool, Steam Room, and Jacuzzi. Please contact Jo Stretton.

CALVERT TRUST - Keswick

 Little Crosthwaite, Keswick, Cumbria CA12 4QD


 01768 772 255  01768 771 920

 www.calvert-trust.org.uk  enquiries.calvert.keswick@dial.pipex.com

Outdoor activity courses and holidays for groups, families and individuals, including climbing, abseiling, sailing, canoeing, horse riding, trap driving, walking, orienteering and more.

Fully accessible throughout. Self-catering cottages also available.

CALVERT TRUST - Kielder Water

 Kielder Water, Hexham, Northumberland NE48 1BS

 01434 250 232  01434 250 015


 www.calvert-trust.org.uk/kielder  enquiries@calvert-kielder.com

Offers a choice of fully catered or self-catering holidays for people with disabilities and their companions. Activities include sailing, orienteering, bird watching, climbing, abseiling, canoeing, kayaking, zip wire, sightseeing tours, or indoor games. On site Care Staff provide short term breaks for much of the year for people with disabilities of 18 and over who wish to go to Kielder unaccompanied. (Under 18s need to be accompanied by a parent, guardian or friend over the age of 18.)

CAN BE DONE LTD


 11 Woodcock Hill, Harrow HA3 0XP

 020 8907 2400  020 8909 1854

 www.canbedone.co.uk  holidays@canbedone.co.uk

A tour operator specialising in holidays for people with disabilities, offering destinations in the UK, Europe and worldwide.

CHOICE CARE SERVICES ★

 The Gables, Newquay Road, Goonhaven, Cornwall TR4 9QD

 01872 571 030  0872 661 8115

 www.choicecareservices.co.uk  choicecareservices@yahoo.com

The Gables is a family run service provider offering holiday and respite opportunities where each individual is given a choice of activities. In house activity instructors can offer a range of activities from Art and Crafts to Pottery. Daily trips are organised to local attractions and places of interest, such as Land's End, Padstow, Mevagissey, The World in Miniature, Flambards, Newquay Zoo and Holywell Bay Theme Park.

Activities and transport are included in the price, there are no hidden extras.

CHRYSALIS HOLIDAYS ★

 St Davids, Park Road South, Newton-le-Willows, Merseyside WA12 8EY

 01925 220 179  01942 671 581

 www.epiphany.org.uk

Chrysalis run a full programme of holidays throughout the year for adults with a learning disability. Mainly they are run from their own guest house on the north coast of Anglesey, with a few in other holiday places. They are all escorted holidays with different levels of care provided. A full pen profile has to be completed, and only people with minimum needs can be taken from a distance, because a home visit is not possible.

Prices start from £370 for a 5 day group holiday. This includes full board accommodation, activities, care and transport from pick up points in the north west.

Care is provided so those who attend are unaccompanied.

CHURCHTOWN ★ ∞

 Lanlivery, Bodmin, Cornwall PL30 5BT

 01208 871 148  01208 873 377

 www.vitalise.org.uk

Churchtown is one of Vitalise's fully accessible centres situated in Cornwall close to the beaches and the Eden project. Churchtown offers a unique service catering for children, adults and groups of people with physical, sensory and learning disabilities. Churchtown is registered with CSCI, (Commission for Social Care and Inspection) as a Residential Home and can provide personal care but no nursing care or procedures.

The centre is set in 12 acres of ground with a small working farm, a nature reserve, maze, adventure course and heated indoor swimming pool. Daytime activities include rock climbing, nature studies, canoeing and sailing. Churchtown also provides various different evening activities. Overnight camps and night hikes can be arranged by prior arrangement;

Churchtown is registered with Adventurous Activities Licensing Authority.

★ *Indicates that support can be provided for those who attend unaccompanied.*

☎ *Indicates that some support staff help may be needed, please check.*

◎ *Indicates people with support needs must be accompanied.*

Please check the Services and Holidays offered for yourself

DIANA'S SUPPORTED HOLIDAYS ★

📍 93 Palatine Road, Blackpool FY1 4BX

☎ 01253 622 801

☎ 01253 622 801

💻 www.dianassupportedholidays.com 🖱 enquiries@dianassupportedholidays.com

Provides supported holidays for people with a learning disability in the UK and abroad.

EXMOUTH SEAFRONT APARTMENT ◎

📍 1 Alston Terrace, Exmouth, Devon EX8 1BH

☎ 01395 275 367

💻 www.exmouthseafontflats.co.uk 🖱 info@exmouthseafontflats.co.uk

Quality accessible accommodation on seafront. Wheel in wet room en-suite to bedroom with electric massage/raiser bed. Four other bedrooms and two more bathrooms. Private courtyard entrance just yards from the seafront. Level walks to town and beach. Comfortable and well equipped to a high standard. Specialist equipment available for hire, sleeps up to 8, also suitable for small groups.

GROOMS HOLIDAYS ◎

📍 PO Box 36, Cowbridge, Vale of Glamorgan CF71 7GB

☎ 08456 584478

☎ 01446 775 060

💻 www.groomsholidays.org.uk 🖱 holidays@johnsgrooms.org.uk

Grooms holidays is part of the National Charity John Grooms. We are providers of accessible holiday accommodation nationwide. These include 3 hotels in North Wales, South Wales and Minehead in Somerset, and 13 separate self catering locations.

HOLIDAYS WITH HELP ★


📍 4 Pebblecombe, Adelaide Road, Surbiton, Surrey, KT6 4LL,

☎ 020 8390 9752

💻 www.holidayswithhelp.org.uk 🖱 holidays.withhelp@lineone.netjggh@globalnet.co.uk

Provides short breaks for disabled people including groups with learning disabilities. Bookings are welcome for individuals, couples, families and groups. Support systems are provided by trained and experienced helpers so that carers do not have to accompany guests, but they are also very welcome. Suitability of holidays/facilities are checked with each individual prior to bookings. Many activities and entertainment are included in the holiday cost. Outings to places of interest are arranged at a modest additional charge.

KINGFISHER BARN

 Rye Farm, Abingdon, Oxfordshire, OX14 3NN, ,

 01235 537 538  01235 537 538


 www.kingfisherbarn.com  info@kingfisherbarn.com

We offer self catering accommodation for people with disabilities, to relax and enjoy the countryside! The smallest unit sleeps 4, the largest sleeps 10! Whispa ceiling tracking in all ground floor bedrooms and bathrooms for use of mobile hoist, walk in showers, hoists, slings cot sides, shower chairs available free of charge or for hire. Bed and breakfast wheelchair accessible and their heated indoor pool with dipper is not to be missed!

LOW MILL OUTDOOR CENTRE

 Station Road, Askrigg, Leyburn, North York DL8 3HZ

 01969 650 432  01969 650 729

 www.lowmill.com  info@lowmill.com

Residential courses offered to groups and families (minimum of 10 people). Wide range of outdoor and indoor activities for all ages and abilities, including abseiling, archery, canoeing, caving, climbing, fell and gorge walking, mountain biking, orienteering, rafting ropes courses and zip wire.

NANCY OLDFIELD TRUST


 Irstead Road, Neatisnead, Norwich NR12 8BJ

 01692 630 572  01692 630 572

 www.nancyoldfield.org.uk  info@nancyoldfield.org.uk

The Nancy Oldfield Trust founded in 1984 is based in Neatisnead on the Norfolk Broads. The Trust is open all year round and offers sailing, canoeing, bird watching, fishing and environmental studies. For people of all ages with disabilities on a day/part day or residential basis. The residential bungalow sleeps 10.

OPTION HOLIDAYS ★

 Greyhound Farmhouse, Barnsley, Cirencester, Gloucestershire GL7 5EF

 07000 790 348  01285 740 434

 www.optionholidays.co.uk  opthols@hotmail.com

Option Holidays offers a wide range of opportunities for people with learning disabilities to go on holidays without their usual carers. The organisation has run for 20 years; most holidays cater for between 10 -15 people. Holidays can be taken in the UK, abroad, on canal boats and specialist holidays (including "Train Enthusiast", beach, cottage, touring Disney and many more.) Please contact for a brochure

PARK HOUSE ★

 Sandringham, Kings Lynn, Norfolk PE35 6EH

 01485 543 000  01485 540 663

 www.parkhousehotel.org.uk  parkinfo@lc-uk.org

Park House Hotel is a country house hotel with a difference. We are the only hotel within the Leonard Cheshire Organisation. The hotel is wheelchair accessible and has an in-house team of carers; a registered nurse is always in the building. We can provide as little or as much care as required or just the peace of mind that comes with knowing that help is on hand should the need arise. With their fleet of adapted minibuses, optional outings and entertainment are always available. Staying at Park House is a break for everyone.

QUEEN ELIZABETH II SILVER JUBILEE ACTIVITIES CENTRE ©

 Manor Farm Country Park, Pylands Lane, Bursledon, Hampshire SO31 1BH


 0238 040 4844  0238 040 4844

 www.qe2activitiescentre.co.uk  oates80@aol.com

Self-catering timber cabins for families and groups (sleeping up to 8), in 400 acres of woodland and farmland offering opportunities to explore shoreline and woods, look out for animal tracks, burrows, dens, flowers, birds nests, insects and animals. Canoeing, rafting, horse riding, ropes courses, zip wire, caving and problem solving area all on site. Plus indoor climbing, archery, basketball, table tennis and badminton.

RANCH OUTDOOR DISCOVERY CENTRE ©

 Bryn-y-Moel, Llanbedr, Gwynedd LL45 2HU

 01341 241 358

 www.actioncentres.co.uk  theranch@actioncentres.co.uk

The Ranch Outdoor Discovery Centre exists to offer young people opportunities for exciting residential experiences all year round in the heart of Snowdonia - with an emphasis on personal discovery, education, safety and fun!

We are very happy to host groups of people with learning disabilities.

RED RIDGE CENTRE ∞ ©

 Cefn Coch, Welshpool, Powys SY21 0AZ


 01938 810 821  01938 810 767

 www.redridgecentre.co.uk  office@redridgecentre.co.uk

Situated near the English/Welsh border, the centre offers residential courses to groups and individuals. Climbing and abseiling, caving, Canadian canoeing, kayaking and raft building, archery, assault course, zip wire and hill walking available with experienced qualified instructors.

For further information, prices and availability see www.redridgecentre.co.uk

ROCKLANDS CARE HOLIDAYS

 The Pier Gardens Hotel, North Parade, Llandudno, Conwy, North Wales LL30 2LP

 01492 874 546

Provides holidays for adults with mild learning disabilities

SANDY BALLS HOLIDAY CENTRE

 Godshill, Fordingbridge, Hants SP6 2JZ

 01425 653 042

 01425 653 067

 www.sandy-balls.co.uk


 post@sandy-balls.co.uk


Sandy Balls Holiday Centre is a five star park offering accommodation and camping and touring facilities. All can enjoy facilities and accommodation: ■ Lodges suitable for disabled users ■ Supervised activities suitable for children and adults ■ Facilities with wheelchair access ■ Hoist access to swimming pool ■ Level access facilities ■ Hearing loop in reception.

Regularly welcome groups of people with learning disabilities, and staff are eager to assist in any way.

SCOUT HOLIDAY HOMES TRUST

 Gilwell Park, Chingford, London E4 7QW

 0208 433 7290

 0208 433 7184

 www.scoutbase.org.uk/hq/holhomes/index.htm

 lynda.peters@scoutbase.org.uk

Caravans and chalets are available for self-catering holidays on commercial sites in East Yorkshire, Norfolk, West Sussex, Essex, Northumberland, Dorset, Hampshire, Devon, Cornwall, Somerset, North & South Wales. All units are ramped and will take a wheelchair. (Lifting equipment is available in some units.)

Holidays are offered to families at cost price (below the commercial rate) if a member has any special need. Clients do not have to have scouting connections. Please contact Lynda Peters.

SEAHORSES

 Victoria Road, Freshwater, Isle of Wight PO40 9PP

 01983 752 574

 01983 752 574

 www.seahorsesisleofwight.com  seahorsesiow@lineone.net

A guesthouse welcoming children and adults with learning disabilities with their family or supporter. Seahorses is part of the Association of Camphill Communities.

We quite often have people who have learning disabilities but are slightly more independent. We are not allowed to help with any physical care but we can give support e.g. with travel either by advice with bus time tables or by use of their car to drop people off and collect them. We can provide support with pocket money helping with budget for the holiday.


★ *Indicates that support can be provided for those who attend unaccompanied.*

☎ *Indicates that some support staff help may be needed, please check.*

🕒 *Indicates people with support needs must be accompanied.*

Please check the Services and Holidays offered for yourself

SHARE HOLIDAY VILLAGE ★


 Smith's Strand, Lisnaskea, County Fermanagh BT92 0EQ

 028 6772 2122  028 6772 1893

 www.sharevillage.org  info@sharevillage.org

The Share Holiday Village was established in 1981 as one of Northern Ireland's projects to celebrate the International Year of the Disabled. Share works for the inclusion of disabled and non-disabled people. They do this by providing opportunities for all to participate in a wide range of creative, educational and recreational activity based programmes.

SPECIAL NEEDS ACCOMMODATION CENTRE 🕒

 14 Croppers Way, Freiston, Boston, Lincolnshire PE22 0QX


 01205 761 373

 www.snac.org.uk  helen.banks@snac.org.uk

Residential centre, east of Boston, for groups of clients and their carers, or families. Accommodation for up to 25 guests, most rooms with ensuite facilities. Excellent self-catering facilities but meals can be provided by prior arrangement. Indoor games available and advice on attractions in surrounding area. Mini golf, space for football and cycling on site. Tandem and cycles provided.

THE KEPPLEWRAY PROJECT 🕒

 Broughton-in-Furness, Cumbria LA20 6HE

 01229 716 936  01229 716 938

 www.kepplewrap.org.uk  stay@kepplewrap.org.uk

Kepplewrap is a registered charity, which operates a fully accessible and inclusive outdoor activity centre offering adventure, challenge and relaxation for groups of disabled and non-disabled people. We are licensed to provide a range of activities including: climbing, canoeing, archery, environmental studies etc. Or you can hire the Centre solely for accommodation.

Enjoy full-board accommodation with home cooked food, (any dietary requirements catered for). Relax in lounges and bedrooms including en-suite, family and group rooms. Schools, youth groups, families, special needs groups, churches and businesses all welcome.

THE PIONEER CENTRE

 Cleobury Mortimer, Kidderminster, Worcestershire DY14 8JG

 01299 271 217

 01299 270 948

 www.actioncentres.co.uk

 enquiries@pioneercentre.org.uk

Pioneer Centre is a full-board conference and activity facility accommodating groups of 24 to 300. Of the 80 en-suite bedrooms, 8 have been specially adapted for disabled guests. We offer a selection of comfortable lounges, meeting and seminar venues and an activity hall.

Pioneer is used by different groups for a wide variety of residential events, we therefore take a flexible approach to their individual needs and can accommodate most requests, for example, length of stay, special diets and instructed activity sessions to suit a range of ages and abilities.

THE STACKPOLE CENTRE

 Home Farm, Stackpole, Pembroke SA71 5DQ

 01646 661 425

 01646 661 425

 stackpole.reception@nationaltrust.org.uk

This is a self-catering holiday complex with several holiday cottages and three group houses. We can accommodate small families or large parties. There is a hydrotherapy pool and leisure suite on site and facilities to hire include a large theatre, music and art workshops.

THOMAS SHOP

 Maesyfed, Penybont, Llandrindod Wells, Powys LD1 5AU

 01597 851 951

 www.thomas-shop.com

 info@thomas-shop.com

The Thomas Shop is a distinctive holiday destination that includes a Tea room, B&B, self-catering, and full board facilities in Mid Wales. En-suite, comfortable accommodation in a property that dates back to 1600 and includes many original features.

Ground floor accessibility within the Meeting House accommodation and to the Thomas Shop Museum, Cafe and Function room. Opportunities to purchase, observe and participate in local and traditional crafts. A function room for music, craft, parties and activities of your choice.

TREVANION HOUSE HOLIDAYS ★

 Trevanion House, Wadebridge, Cornwall PL27 7JY

 01208 814 903  0870 705 9682

 www.trevanion@trevanion.co.uk  enquiries@trevanion.co.uk

Trevanion House which is located on the North Cornish coast in Wadebridge, offers holidays for adults with learning disabilities. With Comfortable 3 star accommodation as your base you visit Cornish attractions of your choosing from Sunday to Friday.

Attractions include walks on Bodmin Moor, beautiful stretches of coastal path, Flambards Theme Park, Newquay 200 or Steam Train Rides on the Wenford Railway. Hearty cooked breakfast, the choice of local pasty or freshly made packed lunch meal whilst out and about, and 4 course evening meal, excellent entertainment programme plus fully trained staff to provide care, or carer may accompany guests.

TY GLYN DAVIS TRUST ©

 Hafod, Llanarth, Ceredigion, Wales SA47 0QB

 01545 580 708

 www.tyglyndavistrust.co.uk  enquiries@tyglyndavistrust.co.uk

The aim of the Trust is to establish and run accommodation and leisure facilities for children and young people with special needs.

At present, these consist of the self-catering Holiday Centre, and part of the Ty Glyn estate, with a restored walled garden, woodland walk and river frontage on the Aeron River.

The Holiday Centre can be booked by groups, schools and families with disabled members, those with special needs and their carers; also relevant organisations, for educational training and related purposes.

Offers out of season breaks to families whether or not family members have special needs.

VITALISE ★

 12 City Forum, 250 City Road, London EC1V 8AF

 0845 345 1970  0845 345 1978

 www.vitalise.org.uk  info@vitalise.org.uk






Leading UK charity, Vitalise has two modern purpose-built and accessible self-catering lodges situated in the village of Lanivery, close to the Cornish coast. These are available for bookings for 11 months of the year and are ideal for disabled guests who wish to take a break away with family or friends and visit the stunning Cornish countryside. Each lodge sleeps six people (or nine, if put-up beds are used), has full wheelchair access and is furnished to a high standard. There is a well-equipped kitchen, diner and lounge. One of the bedrooms has a motorised ceiling hoist and en-suite bathroom with roll-in shower. Both lodges have covered verandas with seating areas - perfect for alfresco dining!

4. Places to Stay – Abroad








- ★ *Indicates that support can be provided for those who attend unaccompanied.*
 - ∞ *Indicates that some support staff help may be needed, please check.*
 - ◎ *Indicates people with support needs must be accompanied.*
- Please check the Services and Holidays offered for yourself***

ACCESS TRAVEL ◎

 6 The Hillock, Astley, Manchester, Lancashire M29 7GW
 01942 888 844  01942 891 811
 www.access-travel.co.uk  info@access-travel.co.uk






Holidays for people with learning disabilities, in particular wheelchair users, to Europe and Florida. Licensed tour operator ATOL 2742

ACCESSIBLE TRAVEL & LEISURE ★ ◎ (dependent on destinations)

 Avionics House, Naas Lane, Quedgeley, Gloucestershire GL2 4FN
 01452 729 739  01452 729 853
 www.accessibletravel.co.uk  info@accessibletravel.co.uk

Accessible Travel is a leading tour operator in the field of disability, with a reputation second to none for delivering quality accessible holidays to disabled travellers, their families and friends. Call to receive a free world wide brochure covering Europe, and long haul holidays by aircraft or cruise ships.

LE FOSSO IN BRITTANY ◎

 Le Fosso, 22230 GomenE, France
 (00 33) 296 284 797  (00 33) 296 384 797
 www.lefosso.com  lefosso@club-inernet.fr


Fully accessible accommodation in Brittany offering full board or self catering holidays to families and groups, or an inclusive package with a programme of activities and visits.


They have 15 years of experience in helping people with special needs discover the joys of Brittany!

Bilingual staff and delicious French cuisine! Full European certification. Stone-built traditional houses renovated to offer comfort and charm take groups of up to 29. Also a flat for 7 and a studio for 2. All accommodation is accessible including gardens, outdoor games, woodland and animal corner.

O.A.S.I.S. ★

 Partida La Foya, N-9, Finestrat, 3509, Alicante, Spain


 (00 34) 965 878 629 (Spain) or 01892 665 294 (England)

 www.OASIS-holidays.com  oasiswingifeld@ctv.es

Oasis have been providing holidays in the mountain village of Finestrat, just 8 kilometres from the popular resort of Benedorm on the Costa Blanca, Spain for the past ten years. They offer accommodation within a complex of specifically designed villas, fully equipped for people with physical or learning disabilities, families, groups and individuals. Self Catering basis or fully inclusive care package. They provide nursing care or needs-related care support. Escort from England for those wishing to travel without their carer. Transport in self drive vehicles or with driver.

For March 2006 they expect to have two, three bedded villas with lounge/diner/full kitchen, bedrooms with roll in shower and disabled toilet. All areas fitted to accommodate wheelchair users/ Learning disabilities/special needs groups. Villa sleeps up to six @ £750 per week including airport transfers. Self catering.

PALMEIRAS ©

 Gregorios, Silves 8300-021, Algarve, Portugal

 (00 351) 282 332 119  www.rural-accommodation-algarve.com

 enquiries@rural-accommodation-algarve

Palmeiras – Autism Specific Holidays. Two-self catering cottages set in a peaceful valley of the Portuguese Algarve. Two bedroom cottage: double and twin rooms, sleeps 4-6. One bedroom cottage sleeps 2 - 4. Shared use of a swimming pool (paddling pool attached), private and shared terraces, landscaped gardens. Barbeque areas, shaded seating for outdoor dining. Faro airport 50 minutes drive; car hire essential. Within easy reach of beaches, market towns, shops, restaurants and amenities. English resident owners, themselves parents of a child with autism, are able to advise on local attractions and activities.

THERAPEUTIC HOLIDAY CENTRE ©

 Villa Semeli, Karteros, Heraklion, Crete, Greece 71500

 (00 30) 281 038 1523  (00 30) 281 038 1074

 www.therapeutic-holidays.org  info@therapeutic-holidays.org

Therapeutic Holiday Centre is a registered charity in Greece which provides activity holiday breaks to people with disabilities.

Therapeutic riding, occupational therapy, trekking and swimming are some of the activities people can enjoy.

Accommodation for groups of between 4 and 24 are provided on-site as are all meals. THC is a not for-profit organisation.

5. SPECIAL INTEREST HOLIDAYS

★ Indicates that support can be provided for those who attend unaccompanied.

∞ Indicates that some support staff help may be needed, please check.

⊙ Indicates people with support needs must be accompanied.

Please check the Services and Holidays offered for yourself.

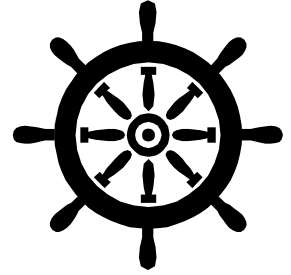
Canal Boat Holidays

BRUCE TRUST ⊙

☰ PO Box 21, Hungerford, Berkshire RG17 9YY

☎ 01672 515 498 ☎ 01672 516 441

🖱 btc@brewhaha.demon.co.uk



The Bruce Trust was created in 1988 by Louise and David Bruce to provide self-catering holidays on the Kennet & Avon Canal for disabled, disadvantaged or elderly people. There is a choice of four specially designed, purpose built wide beam canal boats. The fleet offers the highest quality accommodation and the ultimate in flexibility for people with special needs through the provision of hydraulic lifts, wide access ramps, low level bunks, central heating, specially fitted w.c. and shower areas.

Thousands of people with special needs, together with their carers and/or families have enjoyed holidays on their boats. Groups from day centres, residential homes, schools or families use them. The age of their holiday makers has ranged from 5 months to 102 years old!

BRUCE WAKE CHARITABLE TRUST ⊙

☰ Ayston, Rutland LE15 9AE

☎ 01572 822 183 ☎ 01572 822 183

🖱 www.brucewaketrust.co.uk 🖱 wake@webliecter.co.uk

This trust operates a narrow boat and a wide-beam boat based at Upton Marina, both designed for a wheelchair-user plus family with berths for six. Facilities include 2 hydraulic lifts, hoist over bed specially designed w/c – shower plus steering system, for use by wheelchair-user. Skipper provided on first day for instructions prices £500 – 600 per week.

Farming Holidays



BARRINGTON FARM 📍

📄 Barrington Farm, Walcott, Norfolk NR12 0PF
☎ 01692 650 707 📠 01692 650 330

Barrington Farm offers full board and self catering holidays for adults with learning difficulties. It is situated on the North Norfolk Coast with many local attractions nearby to visit. On site facilities include a small rare breeds working farm, art centre, café and social area for discos, bingo, cinema, music evenings etc. Open April to September also Christmas. For a brochure or booking enquiries telephone 01692 650707

CLYNFYW COUNTRYSIDE CENTRE ★

📄 Abercych Boncath, Pembrokeshire SA37 0HF
☎ 01239 841 236 📠 01239 841 236
💻 www.clynfyw.co.uk 🖱 jim@clynfyw@virgin.net

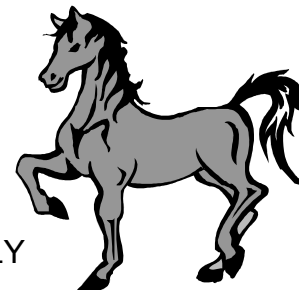
Working farm which provides catered and self catering holidays, courses and respite care.

FARM STAY UK 📍

📄 National Agricultural Centre, Stoneleigh Park, Warwickshire CV8 2LG
☎ 02476 696909 📠 02476 696630
💻 www.farmstayuk.co.uk 🖱 admin@farmstayuk.co.uk

Farm Stay is a non-profit making co-operative whose members provide a wide range of accommodation and other facilities in farm based locations across the length and breadth of the UK. Properties cater for families and individual travellers. Many of them provide specially for guests with visual, hearing and mobility impairments. Both the website and the free colour guide use the National Tourist Board's accessibility assessment scheme to illustrate the range of special facilities available on the various properties.

Horseriding Holidays



RIDING FOR THE DISABLED ASSOCIATION ★ ♿

📄 Lavinia Norfolk House, Avenue R, Stoneleigh Park, Warwickshire CV8 2LY
☎ 0845 658 1082 📠 0845 658 1083
💻 www.rda.org.uk 🖱 info@rda.org.uk

Riding for the Disabled Association run riding and carriage driving holidays across the country.

Please contact for further information about holiday membership and details of your nearest centre. (To apply for a holiday place riders must be a member of RDA).

Rail Holidays



HOLIDAY RAIL ©

☰ Upper Owlbury House, Upper Owlbury, Montgomery, Powys,
SY15 6SZ

☎ 01588 630 058

☎ 01588 630 135

💻 www.holidayrail.co.uk

🖱 holiday@tesco.net

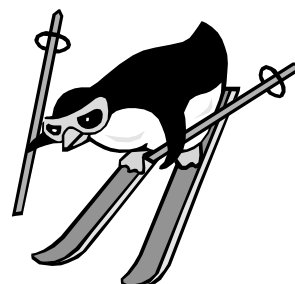
The proprietors are rail enthusiasts with twenty years of experience as hoteliers. Holiday Rail offers a wide range of escorted holidays for independent adults with mild/moderate learning difficulties, who have an interest in transport. Activities include trips on steam railways, visits to aircraft and canal museums as well as wildlife sanctuaries and sightseeing.

During 2006 there are 7 alternative holidays on offer. These include staying in a camping coach in Cornwall and touring Malta in old buses

In 2007 a Grand Tour of Switzerland and a Safari in Tanzania are planned. (Early interest encouraged).

Holiday Rail has been running escorted holidays for a number of years, and are police checked.

Skiing Holidays



UPHILL SKI CLUB ©

☰ Cairngorm Mountain, Via Aviemore, Inverness-Shire PH22 1RB

☎ 01479 861 272

☎ 01478 861 272

🖱 info@uphillskiclub.co.uk

The Uphill Ski Club is a registered Charity committed to providing winter sporting activities for disabled people. Anyone with a disability is eligible to participate. They take their own qualified adaptive ski instructors and also volunteer helpers. On an Uphill Ski Club activity you get tuition and plenty of encouragement from the helpers and other Uphill skiers, all of whom were beginners once.


Please note that if you require care in your home environment you must bring a supporter with you on the trip.

6. INSURANCE




BISHOPSCOURT'S ALL CLEAR PLUS


 6th Floor, Regent House, Hurbert Road, Brentwood, Essex CM14 4JE

 0870 777 9339

All Clear Personal is specially designed for travellers with a disability or a pre-existing medical condition. Working with Optimum Underwriting Ltd, who are underwriting agents for Groupama Insurance Co. Ltd, they have developed a package of cover that allows worldwide travel with peace of mind. You may need travel insurance with extras such as loss or damage to mobility aids, loss of medication, carer's benefit if you are hospitalised, and the cost of flying out a replacement carer if your own falls ill or is injured and cannot help you. Their staff are specially trained to handle your application on a friendly and confidential basis.

FREE SPIRIT SOLUTIONS

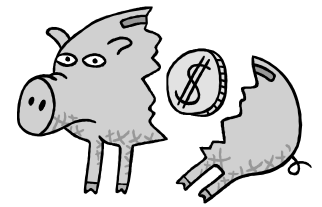
 Rowlands Castle, Hampshire O9 6DX

 0845 230 500  023 9241 9049

 www.free-spirit.com  freespirit@pjhayman.com

Free spirit is a specialist travel insurance policy for people with pre-existing medical conditions. No medical certificates are required. People interested in applying for a quotation can either telephone Free Spirit or visit the website. We give a £10 discount if the policy is purchased on line. Please note that terms, conditions, exclusions and excesses apply to this insurance. A policy summary and wording are available on request or can be downloaded from the website. Telephone calls are recorded for training and compliance purposes

7. BENEFITS & FINANCIAL HELP



Benefits


If you have a break or go on holiday, it does not mean that your benefits will stop, even if you are temporarily abroad. Carers Allowance will stop if you are apart from the person you care for, for more than 4 weeks in any one 6-month period. If holidaying with the person you care for, you will continue to get Carers Allowance as long as the person being cared for receives the care component of Disability Living Allowance. If you get other benefits such as Income Support or Jobseekers Allowance, there are special rules so it is worth checking with your local DWP or the Carers' UK Carers Line (☎ 0808 808 7777 between 10am - Midday and 2-4pm on Wednesday & Thursday)

The Carers Allowance (CA) Unit will also advise Tel: 01253 856123 or for people with speech or hearing problems 01772 899489. CA Unit, Palatine House, Lancaster Road, Preston PR1 1NS or email CA-Customer-Services@dwp.gsi.gov.uk

Under the Chronically Sick and Disabled Person's Act 1970, your local authority is required to help with the provision of holidays for disabled people if a disabled person has been assessed as needing a holiday. This kind of help is difficult to get, however, as there are usually lots of families wanting it and most local authorities have strict eligibility criteria. Some councils give grants, others organise their own holidays. Contact your Social Services/Social Work Department for further advice (under your County or Borough Council in the telephone book).


Local trusts and charitable organisations may also be able to help with the cost of your holiday. Contact your local Social Services Department for information on what is available in your area.

3H FUND

 147A Camden Road, Tunbridge Wells, Kent, TN1 2RA,

 01892 547 474

 01892 524 703

 www.3hfund.org.uk

 info@3hfund.org.uk

Provides grants to families on low income with physical or learning disabled to have a modest UK holiday break when funds are available.

HELP - Holiday Endeavour for Lone Parents

 57 Owston Road, Carcrof, Doncaster DN6 8DN

 01302 728791

 01427 668717

 www.helphols.co.uk

 janice@help.fslife.co.uk

HELP is a non profit making charity run mainly by people who are, or have been, lone parents (i.e. a man or woman who is divorced, widowed, separated, single or a prisoners wife/husband).

They are dedicated to providing, high quality low cost, self catering and catered accommodation with entertainment packages which will allow any lone parent family regardless of income to both afford and enjoy a family holiday. Available to anyone, working or non-working anywhere in the country bringing up a child below the age of 18 years.

For a brochure and further details write to the above address enclosing a 9"x6" stamped, self addressed envelope (39p).

THE ADAMSON TRUST

 Barnshaw, Comrie Road, Crieff PH7 4AZ

 01764 656 048


The purpose of the Trust is to provide assistance with the cost of holidays and/or respite breaks for young people aged 16 and under with either a physical or other disability and only applications for this purpose will be considered


Applicants on behalf of groups of children, organisations or other registered charities will be considered on receipt of a completed Application Form and a copy of the last audited accounts.

Applications for grants will be considered by the Trustees at the beginning of January, May and September in each year and preference will be given to Scottish children.

THE FAMILY HOLIDAY ASSOCIATION

 16 Mortimer Street, London W1N 7RD

 020 7436 3304

 020 7323 7299

 www.fhaonline.org.uk

 info@fhaonline.org.uk

Short break or one week holiday breaks for the whole family with contribution towards food and travel costs.

Applications are accepted by Welfare Agents giving details. To qualify a family must not have had a holiday in 4 years, families must be on a low income, and must have at least one child aged 3 or over. FHA may offer, as an alternative, a grant which the family can use to arrange their own holiday.

For more information about HFT's Family Carer Support Service or HFT contact

HFT's Family Carer Support Service
HFT
Merchants House
Wapping Road
Bristol
BS1 4RW

Tel: 0117 9302600 (HFT's Switchboard)
Tel: 0117 9302608 (Family Carer Support Service)

Website: www.hft.org.uk

E-Mail: info@hft.org.uk (HFT) or
familycarersupport@hft.org.uk (HFT's Family Carer Support Service)

Supported by



The Freemasons'
Grand Charity

